

BEFORE **WE** BEGIN

The **ASK** study
action. success. knowledge

APHASIA

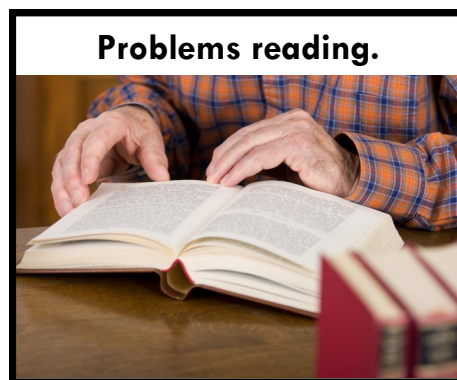
Aphasia is a language difficulty.

A person with aphasia may find it **hard** to:

- **Talk.**



- **Read.**



- **Write.**

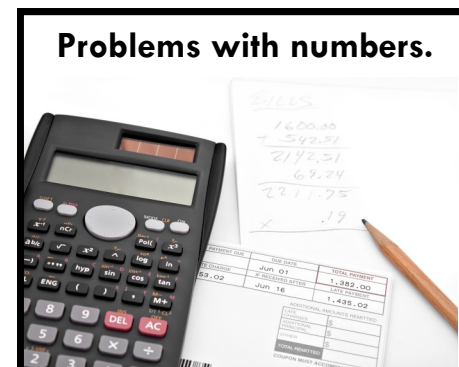


A person with aphasia may find it **hard** to:

- **Understand others.**



- **Use numbers.**



Aphasia is caused by injury to the brain.

Aphasia is usually caused by stroke.

A stroke is when **blood flow to the brain is stopped.**

RESEARCH

People with aphasia and their families have **told** us that:

- They may **worry** about having **another stroke**.
- It is important to have **support** during rehabilitation.
- It is important to receive **information**.



APHASIA ASK

The ASK program will **help** you and your family **learn** more about:

- **Stroke.**
- **Stroke risk factors.**
- **Medications** to help prevent another stroke.
- **Lifestyle changes** to help prevent another stroke.
- **Health professionals** who can help with stroke prevention.

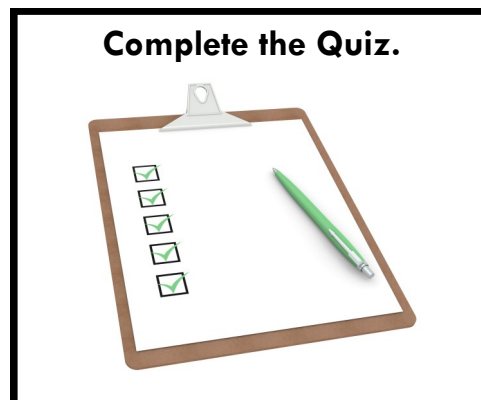
You can **choose** what **information** you would like.

THE FIRST SESSION

During the **first session**, we will **set** some **goals** with you.

Please **complete** the following **questions with** your **family**.

Bring your answers to your **first session**.



YOUR NEEDS QUIZ

Do you want to **know more about:**

Information on stroke?

Yes



No



Unsure



Risk factors for stroke?

Yes



No



Unsure



YOUR NEEDS QUIZ

Do you want to know more about:

How you can help prevent another stroke?

Yes



No



Unsure



Medications to help prevent another stroke?

Yes



No



Unsure



YOUR NEEDS QUIZ

Do you want to know more about:

Health professionals to help prevent another stroke?

Yes



No



Unsure





YOUR NEEDS QUIZ

My family and I would also like to know:

(list below)

Things that are **worrying me** and **my family about stroke prevention** include:

(list below)



YOUR NEEDS QUIZ

What do **you** and **your family want** to get out of the ASK study? (list below)

Is there **anything else** we should know to better understand your needs? (list below)

The **A S K** study

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